

Basic Macrame Knots

Step by Step Guide

This handy pdf will show you how to make the four basic macrame knots. Print this out for your next Macrame project.

Lark's Head Knot



Fold Cord in half to create a loop. Place loop under Ring.

Pull ends through the loop

Pull tight

Lark's Head Knot Complete!

The Lark's head Knot is one of the most basic knots in Macrame. In fact, almost every beautiful piece of finished macrame you see starts with this knot. The Lark's head knot is used to attach your cording to your ring, dowel or handle when starting a macrame project.

1. Start by folding your piece of macrame cord in half.
2. See that little loop? Place that loop under your ring or dowel.
3. Now fish the ends of the cording through that loop.
4. Pull tight and you have your lark's head knot!

Square knot



2 Lark's Head Knots

**Left cord over middle cords and
under right cord**

**Right cord under middle cords and
through left loop**



**Right cord over middle cords and
under left cord**

**Left cord under middle cords and
through right loop**

**Pull tight without twisting cords.
Square knot complete!**

There are essentially two parts to the square knot. You have to complete one side and then the other to make the full square knot.

1. Start with two Lark's head Knots.
2. There should be a total of 4 macrame cords there.
3. We are going to take the outer left cord and cross it over the two middle cords.
4. Now take the outer right cord and place it on top of the left cord and UNDER the two middle cords.
5. Loop it through the hole on the left side.
6. Now pull tight without letting your cords twist.
7. Yay! You now have ONE side of your square knot done.
8. Let's do the other side now.
9. You should still see your 4 cords there - got it? Good.
10. Take the outer right cord and cross it over the two middle cords.
11. Take the outer left cord and place it on top of the left cord and UNDER the two middle cords.
12. Loop it through the hole on the right side.
13. Now pull your cords tight.
14. You have completed the full square knot.

Half Hitch Knot



**Start with Lark's Head
Knot**

Make a #4

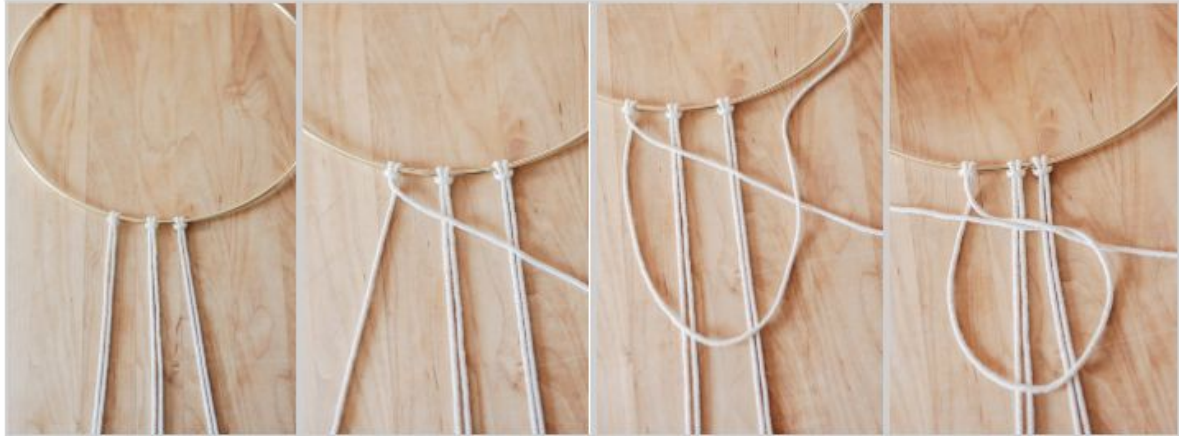
**Pull cord back through
the 4**

**Half Hitch Knot
Complete! Repeat again
for a Double Half Hitch.**

A half hitch is simply like your basic knot. Follow these steps ...

1. Start with a Lark's head knot.
2. Take one cord and make a number 4.
3. Loop that cord through the "4" hole and pull tight.
4. You made a half hitch knot!

Double Half Hitch Knot



Start with 3 Lark's Head
Knots

Place outer left cord
diagonally across all the
other cords

Make a U with the next
cord

Pull the cord back
through the U to finish
your knot. Repeat again to
complete a double half
hitch knot

A double half hitch knot is just a half hitch knot repeated a second time.

1. Start with a Lark's head knot.
2. Take one cord and make a number 4.
3. Loop that cord through the "4" hole and pull tight.
4. Make another number 4 with the same cord you used before.
5. Loop it through the hole of the "4" and pull tight.

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